

REFIT®

**WEDNESDAYS 7:30PM
HEPBURN SCHOOL**

**SEPT 13 - NOV 1
\$65 - ALL 8 CLASSES
\$10 - PER CLASS**

REFIT® IS A CARDIO FITNESS CLASS THAT ENGAGES THE HEART AS A MUSCLE AND A SOUL. IT IS DESIGNED TO CREATE COMMUNITY AND RELATIONAL CONNECTIONS, WHERE LIVES ARE IMPACTED BODY, MIND AND SOUL. CLASS PARTICIPANTS WILL DISCOVER EASY-TO-LEARN MOVEMENTS, INSPIRING MUSIC AND A FAMILY-FRIENDLY ENVIRONMENT FOR ALL AGES.

FOR MOR INFO:
FACEBOOK: REFIT WITH SAUNJA
REFITREV.COM